



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# YMCA Character Education



Valley of the Sun YMCA

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valleyYMCA.org

January 2012

Edition 1, Volume 5

## **YMCA Teen Action Council– Respect During the Holidays!**

The YMCA Teen Action Council was a perfect example of showing character to our community. This group of high school teenagers put up a sock tree in the Goodyear City Hall along with the Southwest Valley Family YMCA. They were collecting socks for the homeless in the City of Goodyear and collected over 1,000 pairs of socks! The Teen Action Council also made shoeboxes for the homeless. They took empty shoe boxes and filled them for families with things such as tooth brushes, soap, & first aid kits. They were able to make 47 boxes for the homeless. These two events impacted our community and made a difference. How did you make a difference?



## **Pillar of the Month: Responsibility**

Show that you are responsible! Here are eleven ways!

- |                              |                      |                        |
|------------------------------|----------------------|------------------------|
| 1. Be accountable            | 5. Do your duty      | 9. Be persistent       |
| 2. Exercise self-control     | 6. Be self-reliant   | 10. Be reflective      |
| 3. Plan and set goals        | 7. Pursue excellence | 11. Set a good example |
| 4. Choose positive attitudes | 8. Be proactive      |                        |

## **Conversation Starters About Responsibility:**

- What are my responsibilities?
- How do our responsibilities to others help us live well together?
- What would happen if you weren't being responsible?
- How can we share responsibilities and be effective?

## **Quote of the Month:**

"You cannot escape the responsibility of tomorrow by evading it today."  
~Abraham Lincoln

**For information on YMCA Character Education trainings and programs, please contact:**

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**Character Training**

**December 17th was the a character training at the Chandler/ Gilbert Family YMCA. Twelve people from different branches came and had fun. We did skits, drew pictures, played games, and even won some prizes. When will you join us for some fun?**



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